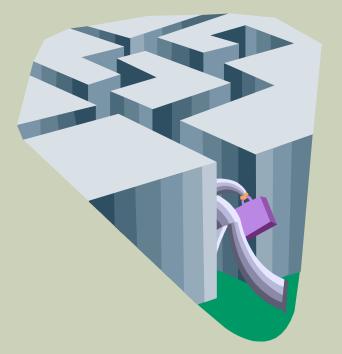
### GROWING THROUGH CHANGE RE-ENTRY AND BEYOND

Plenary 4 – Ruth E. Van Reken Euro TCK April 28, 2013 Friolzheim, Germany

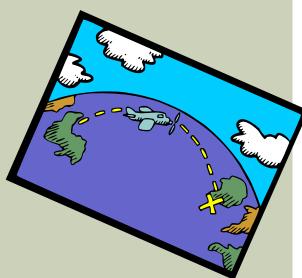
### **OVERVIEW**

Reentry short version
Growing up in a "God system"
Ways to grow from the paradox



### WHERE DOES RE-ENTRY START?

- In the *leaving* phase again, saying a healthy goodbye, doing the needed mourning, thinking destination, finding ways to keep contact
- Go through transition phase reverse culture shock



### WHERE DOES RE-ENTRY START?

### Entry phase

- Re-involvement we hope!
  - What keeps some MKs from ever truly feeling reinvolved?
  - Do those who reach re-involvement come to MK meetings?

# But it's not the same as transition before.

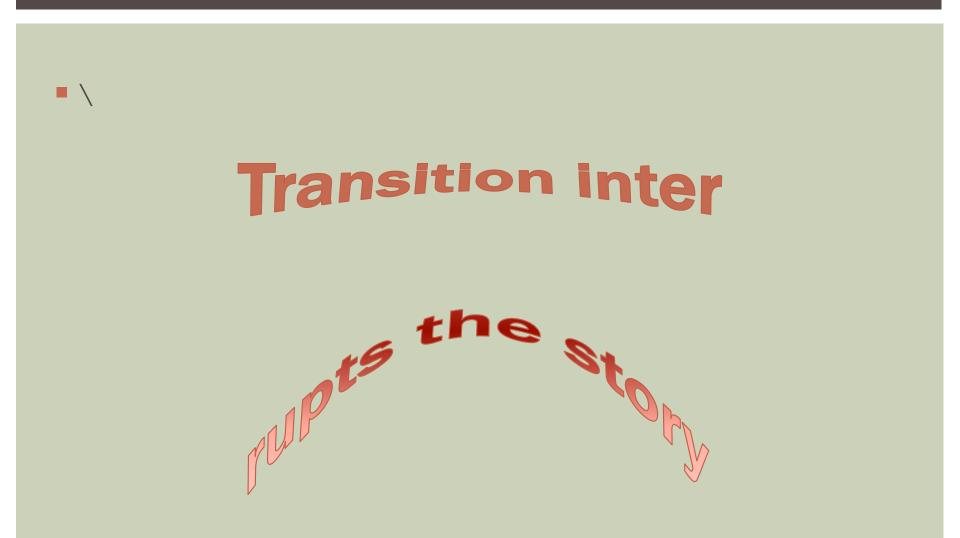
# What has changed?

### **EVERYTHING!! LIKE BEFORE...**

- Changing worlds
- Changing family structure/dynamics
- Changing role or status
- Changed expectation of repatriation now you are "home"







### VARIABLE FACTORS IMPACTING RE-ENTRY

- If TCK has lived overseas from birth and this is first long term cross-cultural move
- Age of leaving initially
- Age of return
- How often they have been 'home' while overseas

### VARIABLE FACTORS IMPACTING RE-ENTRY

- Ease of meshing school curriculum
- Expectation or not of reverse "culture shock"
- Physical appearance compared to surrounding culture
- The culture of the host culture compare to the passport culture

### POTENTIALLY, THIS BECOMES A HUGE FACTOR

Foreigner	Hidden Immigrant
Look Different	Look Alike
Think Different	Think Different
Speak Different	Speak Different/Alike
Adopted	Mirror
Look Different	Look Alike
Think Alike	Think Alike
Speak Alike	Speak Alike

PolVan Cultural Identity Model @1996

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### REMINDER: COMMON REACTIONS DURING THIS TIME



- Chameleon"—tries to find "same as" identity
- Screamer"—tries to find "different from" identity
- Wallflower"—tries to find "non-identity"

## WHAT HAPPENS IN REVERSE CULTURE SHOCK?

- Fun We enjoy the adventure
- Flight We begin to compare everything (often unfavorably) to where we've just been
- Flight We're angry no one seems to care where we've been, what we've learned, all we've experienced

"No one cares....."



## WHAT HAPPENS IN REVERSE CULTURE SHOCK?

- We can begin to disdain those from our own home culture as "stupid, ignorant, shallow, etc."
- We wish life here could have stayed "as it was" who am I here?
- Fit We can make a decision to learn this culture as well and



### **HELPING WITH RE-ENTRY**

- Again, Normalize the process
  - Reentry camps
- For "reentry," help children think through the answer to "Where are you from?" before they repatriate
- Mentors, tutors if needed



### STRATEGIES FOR GROWING THROUGH TRANSITION

For families sending children to university in a culture outside passport culture, maintain "sense of home" here and seek to make connections for support there



### STRATEGIES FOR GROWING THROUGH TRANSITION, INCLUDING REENTRY

- Remind TCKs that they can never lose what they have gained as TCKs/CCKs
  - Moving towards the future (including their passport culture) is simply building on that foundation



### STRATEGIES FOR GROWING THROUGH TRANSITION, INCLUDING REENTRY

It's OK to be "all of the above" rather than having to pick 'one of the above"



## STRATEGIES FOR GROWING THROUGH REENTRY

Again, Remind them of what one TCK said

 "My life is like Windows. I know all the screens are open in the background but I have to work in the one that's on the screen right now."



### **AN EXTRA CHALLENGE FOR MKS**

# Religious culture

shock

### SOME REASONS FOR RELIGIOUS CULTURE SHOCK

- Ardency of faith may seem less at "home" than in host culture
- Ways of expressing faith may be different
- Have to separate cultural expressions of faith from the essence or core beliefs
  - Faith can be very politicized



### SPECIAL PRIVILEGES AND PERILS FOR MKS GROWING UP IN A 'GOD-SYSTEM'



### WHAT IS A SYSTEM?

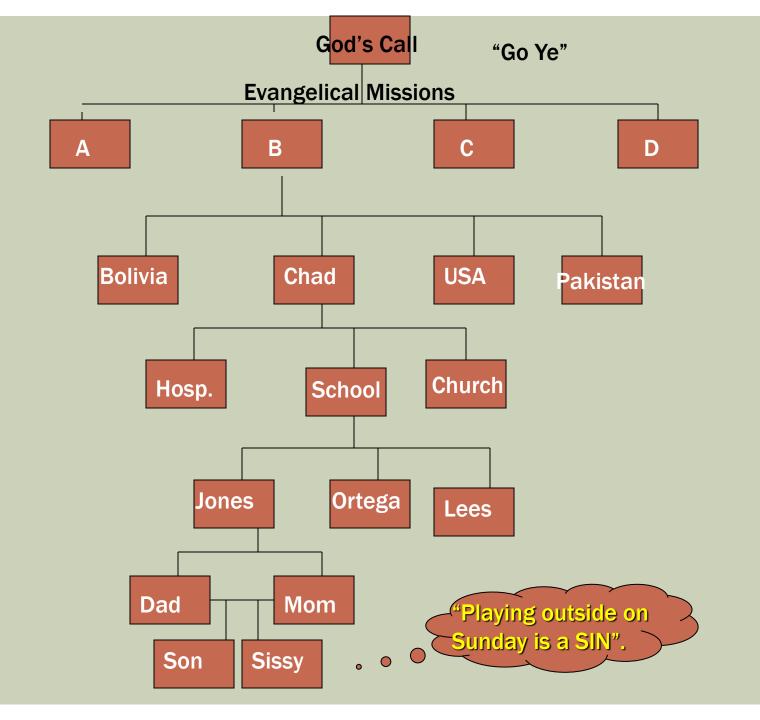
- Something God instituted from the beginning
  - Family
  - Tribes
  - Nations
  - Organizations



### WHAT IS A SYSTEM?

- It's more than what each individual believes
- It's more than how each person would act if acting alone
- It consists of the unspoken as well as the spoken expectations and dynamics
- **Consists of many interrelated parts and subsystems**





## WHAT IS THE GOD-GIVEN PURPOSE OF A MEALTHY SYSTEM?

- Creates stability
- Promotes growth and change
- Gives a place of security and/or belonging
- Creates predictability—both good and bad



### TYPES OF SYSTEMS IN THIRD CULTURE COMMUNITIES

- Military system
- Foreign service corps
- **Corporate culture**
- **Missionary subculture**



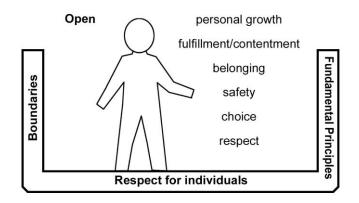
### WHY DO THESE SYSTEMS HAVE PARTICULAR POWER ON/OVER TCKS?

- Decisions made for parent's career direction affects every member of the family – not just the "employee"
- The decisions of the leaders of the organization/company can trump personal, parental decisions



### WHAT A PERSON IN A HEALTHY SYSTEM LOOKS LIKE...

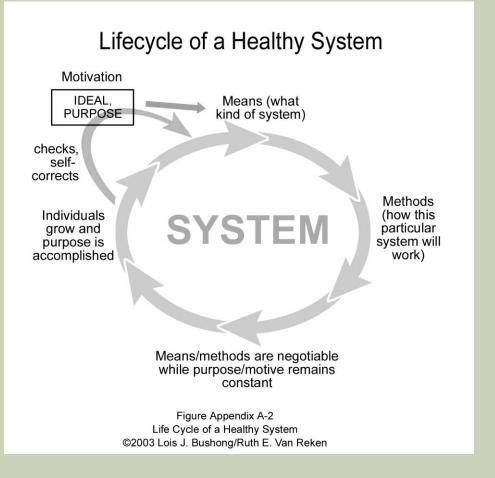




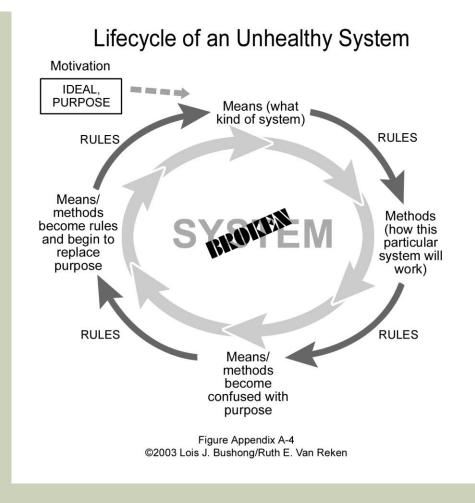
Offers stability while promoting growth and change

Appendix A-3 ©2003 Lois Bushong/Ruth E. Van Reken

### HOW HEALTHY SYSTEM WORKS...

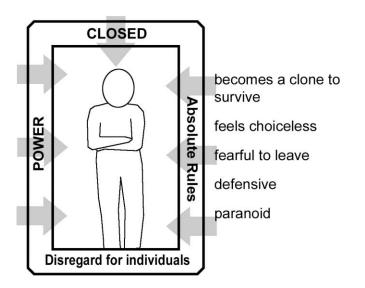


### HOW AN UNHEALTHY SYSTEM WORKS



### WHAT A PERSON IN AN UNHEALTHY SYSTEM LOOKS LIKE...

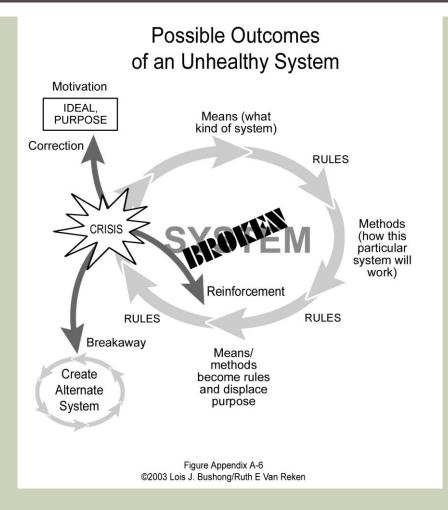
#### Individual in an Unhealthy System



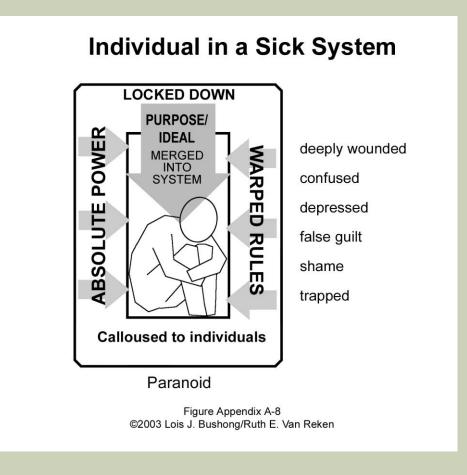
Stifles personal development and growth

Figure AppendixA-5 ©2003 Lois Bushong/Ruth E. Van Reken

### **RESULTS OF AN UNHEALTHY SYSTEM...**



### WHAT A PERSON IN A SICK SYSTEM LOOKS LIKE...



### BENEFITS OF GROWING UP IN A "GOD SYSTEM"

- Opportunity to see God at work
- Chance to learn much Biblical knowledge

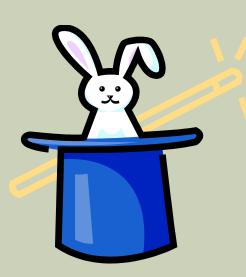


### BENEFITS OF GROWING UP IN A "GOD SYSTEM"

- Places where can watch faith lived out fully
- High, positive, expectations of others can keep child "on track"



### CHALLENGES OF GROWING UP IN A "GOD SYSTEM"



- When formulaic spiritual answers don't seem to work, where is God?
- How to turn knowledge into true trusting relationship
  - Magical thinking

# CHALLENGES OF GROWING UP IN A "GOD SYSTEM"



High expectation of others can cause rebellion when child can't/won't fit the system

## **BIGGEST CHALLENGE...**

#### When God and the system become one

 The judgments of others in the mission community can easily become the judgments of God



## **BIGGEST CHALLENGE...**

- Failure/wrong beliefs in/of the system distort the MK's perception of God
- Abuse in the system becomes "the will of God"
  - Systemic abuse may also be seen as having
    - parental/God approval

# WHAT JESUS SAYS ABOUT THE PHARISAICAL RELIGIOUS SYSTEM

### "Closed"

- Does not want to be contaminated by "them"
- First priority is to maintain the system
- If someone is not in the system, he/she cannot be from God
- If God, himself, does not follow the system in how he works, he also is rejected



- "Absolute rules rather than absolute principles"
  - Defends tradition rather than truth
  - Debates doctrinal details to trap rather than to seek truth
  - Converts taught to follow system rather than God
  - Cares more for outer appearance rather than heart attitude
  - Nullifies the Word of God for traditions
  - Can have perfect behavior and a evil heart



- "Disrespect for the individual"
  - Blames messenger for bad influence on others
  - Rules of the system transcend personal need
  - Becomes defensive or paranoid when others disagree
  - Angry at those who don't fit the system



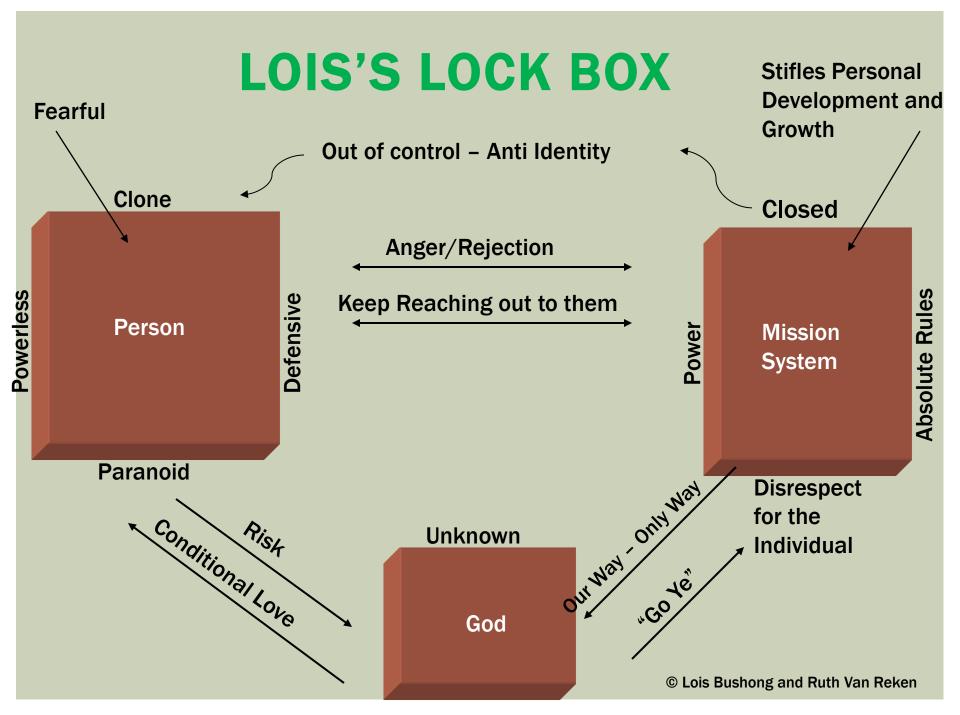
#### "Power"

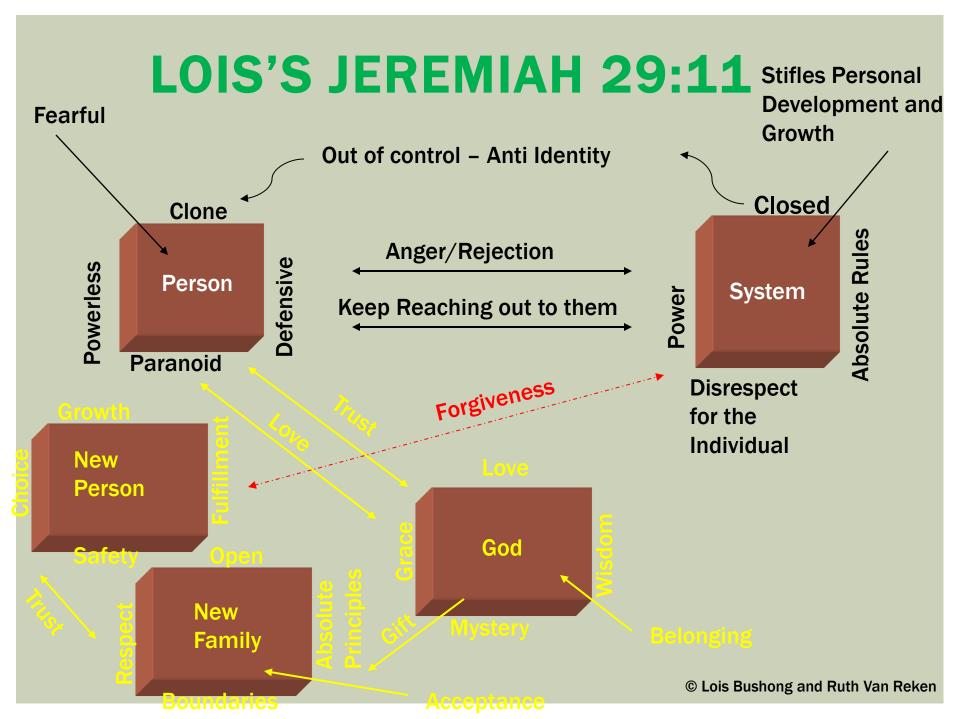
- Has "holier than thou" attitude
- Shows no mercy
- Not practicing what it proclaims
- Blind to its own sin
- Wants to destroy anyone who opposes



- Stifles personal development and growth
- Can't be fixed—must be replaced







# SYSTEMS AND IDENTITY



## **COMMON ISSUE**



# WHAT IS THE DIFFERENCE BETWEEN SHAME AND GUILT?

- Guilt is for when you've done something wrong...you have actually sinned.
  - There is a healthy shame for that but the antidote for guilt is forgiveness.

- Shame is for who you ARE...or even who you are not.
  - The only antidote for shame is grace.



# HOW DO YOU KNOW IF YOU ARE FEELING GUILT OR SHAME?

- When you (or MKs) hear the opinions from others that translate into "I should" or "I shouldn't" messages, ask "who says so?"
- Is this a message about what you have done or about who you are?
  - (caution: often a comment on an action is still fundamentally a comment on who you are)

Remember what the Bible says about shame



## SHAME IS NOT POSITIVE

# No one whose hope is in you will ever be put to shame...Ps. 25:3



## **REMEMBER**...

- Shame began when Adam and Eve tried to transcend their humanness and be "like God"
  - How many shame messages come because we and/or MKs are finite rather than because we are sinful?



### WHAT NEEDS FROM 'IMAGE OF GODness' ARE POTENTIALLY MET? WHICH ONES ARE POTENTIALLY CHALLENGED?

## **Re-Entry Experience – Maybe?**

Relational
Emotional
Intellectual
Creative
Volitional



- Unified
- Valuable
- Spiritual
- Physical

## CAN WE HELP MAKE RE-ENTRY THIS?

## **Re-Entry Experience – Maybe?**

Relational
Emotional
Intellectual
Creative
Volitional



Unified
Valuable
Spiritual
Physical

## **RELATIONAL NEEDS**



- Look at different patterns of relationship between cultures
- Consider how their experience connects with others
- Don't wait for everyone to come to you...be interested in them

## **EMOTIONAL**



- Give permission for paradox here
  - Pain and faith are not mutually exclusive
  - Joy and sadness are not mutually exclusive



- Remember: "Emotions are the universal language."
  - As you give yourself permission to experience ALL emotions, remember this is a connecting point to others with very different stories

# SPIRITUAL NEEDS HELP MKS SEPARATE GOD AND THE SYSTEM

- Ask God to show any system lies you/they have believed and even spread
- Learn to recognize subtle lies even with little kids



- Counter messages of any system that do not match God's truth with "Who says so?"
- Help parents and others to not use God or God language to manipulate/shame

## **OTHER NEEDS...**

#### Intellectual

- Learn with intentionality how life works in this place
- Learn the rules of the sports you don't understand instead of disdaining them
- Thinking styles (Mind style)

### Creative

Decide how God made MK/you creative



- How will MK/you learn/use/express that creativity in this new place? Is this a place you can join your world
- "Where am I smart or creative?" Multiple intelligence -word, logic, body,

## **OTHER NEEDS...**

### Volitional

- When MKs feel choiceless, what are the choices they CAN make in the non-choices?
- If they feel powerless, are they not making a choice they could make?

### Unified

- Keep a flow of connections with all the places and significant people
- "My life is like windows..."

### Valuable

Know giftings and operate in them



## ONE LAST REQUEST...

- Don't forget those already wounded and shamed by the system
  - Don't defend the system when they start to express anger
    - Remember: God places us in systems for good reasons, but you don't need to defend the system to defend God
      - First, they're not the same
      - Second, God is big enough to defend himself!